

What to expect from the CAMHS Neurodevelopmental Conditions Service following a referral

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Remit of the NDC Service

Diagnostic assessments for possible autism and/or ADHD

- 5-18 year olds
- Oxfordshire GP

Mental health assessments and interventions

- Significant adaptations required related to neurodivergence
- ADHD medication management

The NDC staff team

Staff	Number
Clinical Team Manager	1
Non-Medical Prescribers	4
Senior Mental Health Practitioners/Clinical Social Workers*	1
Psychiatrists*	4
Paediatrician*	0.2
Social Prescriber	1
Outreach Worker	1
Clinical Psychologists*	3
Clinical Lead Nurse*	1
Speech and Language Therapist*	0.5
Admin	6

Referral Pathway

Neurodevelopmental assessments

- Single Point of Access or via another CAMHS team
- Information from parents, school, (young person) – new Request for Help form
- **Significant demand: at least 130 referrals a month**

Mental health assessment/interventions

- Single Point of Access or via another CAMHS team

Pre-assessment Provision

Welcome email

Living Well with Neurodivergence

SHaRON

YouTube Channel

NDC Support Navigator (signposting)

Living Well with Neurodivergence Offer

Autism Oxford UK are working in collaboration with Oxfordshire CAMHS NDC and Neuropsychiatry Services.

This service is for young people and families who are on the waiting list for assessment for autism and/or ADHD with NDC and Neuropsychiatry services.

- Brief 1:1 Advice sessions with one of our team**
- Workshops for parents**
- Just for Us peer group for young people**
- Workshops for young people**
- Essentials for young People**
- Parent Support Groups**



Event: Living Well with Neurodivergence – Open Discussion

Online only

Each session is led by one of our experienced Peer Support Practitioners, with support from one of our clinical team members. The space is provided to offer peer support to one another and share ideas and suggestions around strategies or things that have worked for others.

Who is it for:

- Parents of young people on the waiting list with NDC or Neuropsychiatry
- Parents of young people on the waiting list or open to Oxfordshire CAMHS
- Parents of young people who have recently received a diagnosis of autism and/or ADHD

Upcoming Dates

- September
 - Wednesday 18th at 7pm
- October
 - Wednesday 2nd at 7pm
 - Wednesday 16th at 7pm



Just for Us



- **In person**
- This service is for young people to come and spend time with our peer support practitioners- who understand what it is like to be neurodivergent.
- We will have themes around the sessions, to support navigating the world around us.
- We also offer a space for parent carers to come along and spend time with each other and a member of our clinical team will be on hand to offer any advice and signposting. So why not come and have a cuppa with us and spend some time with liked minded people.
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- **Who is it for:**
- Young people
- Parents, carers for brief advice
-
- **Book now**
- **These event does need to be booked online via the website**

1:1 Session with a Professional

Online only

Here you can book a 20-minute session with one of our clinicians to gain brief advice in their field and further sign posting.

Upcoming Dates

- Monday 16th September, between 12pm and 2pm – Peer Support Practitioner, ADHD Specialist
- Tuesday 17th September, between 12pm and 2pm – Peer Support Practitioner, PDA Support
- Tuesday 17th September, between 6pm and 8pm – Peer Support Practitioner, Parent Lived Experience
- Wednesday 18th September, between 1pm and 2.30pm – Peer Support Practitioner, Education Support
- Tuesday 15th October, between 12pm and 2pm – Family Liaison Practitioner, Emotional Regulation
- Tuesday 15th October, between 7pm and 9pm – Peer Support Practitioner, Parent Lived Experience
- Monday 21st October, between 10am and 12pm – Peer Support Practitioner, PDA Support
- Friday 25th October, between 12pm and 2pm – Peer Support Practitioner, ADHD Specialist



Webinars

Online only

View LIVE webinar for FREE

We are proud to offer a variety of live webinars that by using this unique code will allow you to join for free, as part of our partnership with the Oxfordshire CAMHS NDC and Neuropsychiatry Services.

Who is it for:

- Parents of young people who have recently received a diagnosis of autism and/or ADHD.
- Parents of young people on the waiting list with NDC or Neuropsychiatry

Workshops

Online only

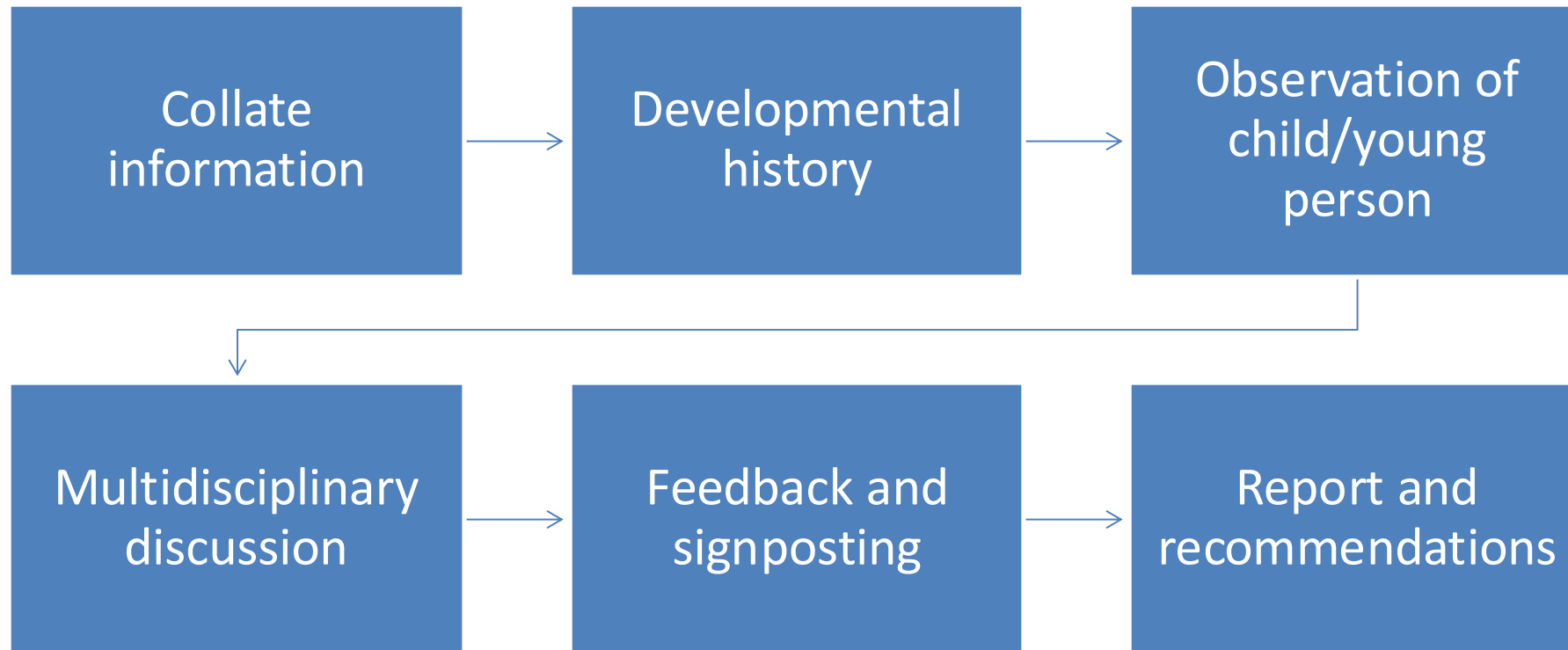
Each month there will be a theme that will underpin the workshops that are on offer. These will range from things such as PDA, Emotional Regulation and life coaching for parent carers. These will be co delivered by a clinician or education professional alongside a Peer Support Practitioner.

Who is it for:

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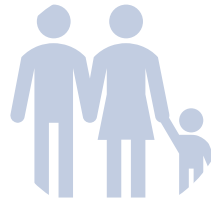


NDC Assessment Process



Most children/young people are discharged from the service following diagnostic assessment unless there is a significant mental health need

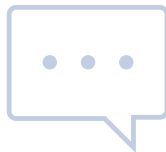
Mental health interventions provide across CAMHS teams



Psycho-social interventions
(individual, family, wider
network)



Medication



Multi-agency liaison and
advocacy

Weblinks



- Living Well with Neurodivergence - <https://onhs.autismoxford.com/>
- NDC YouTube Channel
 - <http://www.youtube.com/@OxonCAMHSNDC>

Any Questions?

NDC Service email address:

NDC.OxonCAMHS@oxfordhealth.nhs.uk

